

# Cookie Policy



CLIENT INFORMATION

Last updated: January 2026



This Cookie Policy explains how The EASE Approach, operated by Kelina Fili, uses cookies and similar technologies on [www.theeaseapproach.com](http://www.theeaseapproach.com).

Cookies help the website function properly, improve how it performs, and support a smoother, more secure experience for visitors.

## What are cookies?

Cookies are small text files placed on your device when you visit a website. They help the site remember your preferences, understand how visitors use the site, and support essential functionality.

Some cookies are set by the website itself, while others are set by trusted third-party services we use.

## How we use cookies

We use cookies to:

- ensure the website works as intended
- understand how visitors interact with the site
- improve website performance and content
- support security and prevent misuse

We do not use cookies to sell personal data or track you in ways that feel intrusive.

## **Types of cookies we use**

### ***Essential cookies***

These cookies are necessary for the website to function properly. They enable core features such as page navigation, security, and access to protected areas of the website.

The website cannot function correctly without these cookies.

### ***Analytics cookies***

These cookies help us understand how visitors use the website so we can improve its design, content, and performance.

We may use tools such as Google Analytics, Wix, Calend.ly or similar services. Where possible, data is collected in an anonymised or pseudonymised form.

Analytics cookies are only used with your consent.

### ***Functional cookies***

These cookies remember choices you make (such as preferences or form inputs) to provide a more consistent and supportive experience.

### ***Managing your cookie preferences***

When you first visit our website, you will see a cookie banner allowing you to accept, reject, or manage non-essential cookies.

You can also control or delete cookies through your browser settings at any time. Please note that disabling certain cookies may affect how the website functions.

### ***Third-party cookies***

Some cookies may be set by third-party services we use to support website functionality, analytics, or embedded content (such as social media or booking tools).

These providers process data in line with their own privacy policies and applicable data protection laws.

### ***Changes to this Cookie Policy***

We may update this Cookie Policy from time to time to reflect changes in technology, legal requirements, or how the website operates.

Any updates will be posted on this page with a revised date.

### ***Contact***

If you have any questions about how cookies are used on this website, you can contact us at:

**Email:** [kelina.ease@gmail.com](mailto:kelina.ease@gmail.com)

ENDS