

Professional Disclaimer



CLIENT INFORMATION

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Safeguarding & Crisis Support

The EASE Approach does not provide crisis or emergency support.

If you are experiencing immediate distress, feel at risk, or need urgent medical or mental health support, please contact your GP, NHS 111, or emergency services by calling 999.

If you are unsure where to turn, reaching out to a trusted healthcare professional or local support service is an important first step.

Health and Professional Disclaimer

The information shared on this website is for general educational and reflective purposes only. It is not intended to replace personalised dietetic, medical, or mental health advice.

Engaging with this website or its content does not create a professional or therapeutic relationship. Dietetic support is only provided within a formally agreed service.

Please note that this website is not a crisis service. If you are experiencing a crisis or require urgent medical or mental health support, please contact your GP, NHS 111, or emergency services by calling 999.

ENDS